

Academic Year: 2019/20	Total fund allocated: Plus carry forward: Staff:			
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity - Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated	Evidence and impact:	Sustainability and <b>suggested next steps:</b>
<p>1. Promote wake &amp; shake/breakfast clubs that encourage pupils to get involved in activity prior to school.</p> <p>2. Discuss the use of activity breaks Go Noodle/ Active 15 mins/ Daily Mile during the day. Look into challenges/competitions for pupils to take part in. Increased activity/fitness levels of pupils - positive impact on health &amp; well-being.</p> <p>3. Use of Sports Leaders at lunchtime for KS1 pupils to actively engage more of them in physical activity. MENU</p>	<ul style="list-style-type: none"> <li>- Put Wake &amp; Shake onto Clubs List for KS2 pupils at St P's.</li> <li>- Wake &amp; Shake to be promoted through the Newsletter and highlight its benefit to pupils.</li> <li>- Audit current activity levels - JD through email.</li> <li>- Register on the Daily Mile website- JD to look into this.</li> <li>- JD to look at challenges for sports leaders to lead at break/lunches. Create a timetable.</li> <li>- JD will work with all staff to select (through an application process) Sports Leaders.</li> <li>- Provide training where needed PRIOR</li> </ul>	<p>Current staff</p> <p>Staff- JD PE TA- CP</p> <p>JD &amp; CP</p> <p>£50 for</p>	<ul style="list-style-type: none"> <li>- Number of pupils taking part <b>Photos/Conferencing</b></li> <li>- More pupils active during the school day. (<b>Pupil conferencing/Photos</b>)</li> <li>- More pupils are physically active during the school day (<b>Photos/questionnaires/effect of exercise - JD data collected</b>).</li> <li>- Better attitudes to learning in the afternoon as concentration is improved - <b>EVIDENCE?</b></li> <li>- Staff onboard (<b>Aware of movement challenges</b>).</li> <li>- Better attitudes and behavior during lunchtimes and more physically active pupils (<b>Discussions with</b></li> </ul>	<p><i>St Tudy to continue as staff member has ran for a couple of years successfully. <b>Involve/train Sports Leaders or another staff member (JD).</b></i></p> <p><i>Should become a part of the school day that all staff &amp; pupils are onboard with. Once set-up it should be easy to maintain - but a staff member must always be responsible. <b>Add another competition within the TRUST results to be announced during the Awards Ceremony in July. Parental involvement IN THE Daily Mile - every half term?</b></i></p> <p><i>JD organized Sports Leaders training they can train younger leaders <b>SUSTAINABLE</b>. Equipment has been purchased to aid engagement (Softer balls and KS1 equipment). <b>JD looking into new paint lines on the playground. Pupils to have more ownership of activities and the activity levels.</b></i></p>

<p>OF ACTIVITIES in place.</p> <p>4. Half termly challenge to be developed &amp; implemented - a tool to encourage more activity either during break or lesson times.</p> <p>5. Outdoor Gym equipment that will encourage pupils to be physically active throughout the school day</p> <p>6. Introduce transport methods to school such as 'Walking Wednesdays'.</p> <p>7. Daily 15- Students complete 15 minutes of activity every day after lunchtime,</p>	<p>to Oct half term.</p> <ul style="list-style-type: none"> <li>- JD to look at a record for Sports Leaders awards - Bronze, Silver, Gold.</li> <li>- Each school to have a 'MENU' of activities at lunchtime.</li> <li>- Complete the challenges</li> <li>- Provide to pupils through staff (email out)</li> <li>- Put onto PE noticeboard</li> </ul> <p>- JD to ensure outdoor equipment is being utilized successfully. Show children what to do and sports leaders to encourage challenges.</p> <ul style="list-style-type: none"> <li>- JD/DC to discuss ideas and implement using the newsletter to promote.</li> <li>- Ask pupils through Student Voice. JD to meet with JF</li> </ul> <p>- JD has trained sports leaders and created a timetable to structure this. A staff member is always overseeing. All students take part.</p>	<p>certificates</p> <p>JD to organize and liaise with Toni to put in newsletter</p> <p>Equipment from last year.</p> <p>Current staffing - DC/MM</p> <p>All staff</p>	<p>lunchtime staff).</p> <ul style="list-style-type: none"> <li>- Results from the challenges/Challenges on noticeboards</li> <li>- Pupil feedback</li> <li>- More physical active pupils who are achieving the 30 min of physical activity within school.</li> <li>- Competition within the school for pupil to experience.</li> <li>- More physical active pupils who are achieving the 30 min of physical activity within school.</li> <li>- Pupil feedback/Photos</li> <li>- More physically active pupils who are achieving the 30 min of physical activity.</li> <li>- Pupil feedback/Photos/ Timetable/ PE noticeboard</li> <li>- More physically active pupils who are achieving the 30 min of physical activity.</li> </ul>	<p><i>Staff have had the challenges emailed - they will start to use and embed &amp; it becomes the 'norm' - SUSTAINABLE as no future costs. Pupil conferencing relating to preferences &amp; parental involvement.</i></p> <p><i>Equipment has been put in it is SUSTAINABLE. Include within a menu of activities using the GYM equipment.</i></p> <p><i>If we can engage parents, pupils and staff and lead to it being - SUSTAINABLE.</i></p> <p><i>This is consistent every day. Timetable of activities is displayed on the noticeboard. Regular trianign sessions with Sports leaders will keep the activities changing to ensure students stay engaged.</i></p>
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Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

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Supported



School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated	Evidence and impact:	Sustainability and suggested next steps:
<p>1. Continue to ensure that PE noticeboards are used to raise the profile of PE &amp; Sport.</p> <p>2. Ensure that details of sporting events, festivals &amp; clubs are all on newsletters so that parents &amp; pupils can discuss together at home.</p> <p>3. Use of 'Club Ambassadors' &amp; the 'PE Wall of Fame' in each school on the noticeboards.</p> <p>4. Use of PE Postcards for the PE Stars within curriculum time. These are to be sent home to parents to share the success of pupils at school, as well as being mentioned within assemblies.</p>	<p>JD to monitor, and update the board &amp; work alongside PE coordinators.</p> <p>JD to email events to the office for display on newsletters.</p> <p>- JD &amp; CP to identify pupils/clubs to be Club Ambassadors/Contact points.</p> <p>- Staff to acknowledge sporting achievements &amp; put onto the Wall of Fame.</p> <p>- Purchase more PE POSTCARDS that can be used &amp; stickers to be used for good work.</p> <p>- Inform staff to promote within lessons &amp; through assemblies.</p> <p>- Provide staff with examples to use/modelled by CP &amp; JD.</p> <p>-</p>	<p>PE TA - CP</p> <p>PE Staff</p> <p>PE Staff</p> <p>Existing</p> <p>Existing</p>	<ul style="list-style-type: none"> <li>- Noticeboards are full of sporting information for pupils to use. <b>Photos.</b></li> <li>- Pupils are keen to get onto the 'Wall of Fame'.</li> <li>- Sporting events in <b>Newsletters/websites/social media.</b></li> <li>- Increase &amp; improve pupil &amp; parental understanding about the importance of PE, Sport &amp; Physical Activity.</li> <li>- Keep a record of students who attend events to ensure all students are given opportunities.</li> <li>- <b>Noticeboards</b> with pupil's achievements.</li> <li>- <b>Newsletters</b> with results/achievements.</li> <li>- Pupils are keen to get involved &amp; be pictured on the wall. This leads to more activity.</li> <li>- <b>Postcards</b> being</li> </ul>	<p><i>Each School has a PE noticeboard within School to promote Sports &amp; Physical Activity. Most staff are proactive with this. <b>Where possible include information regarding reasons for PE/Physical Activity - competitions around designing posters?</b></i></p> <p><i>Sports events &amp; fixtures are now becoming embedded within Schools &amp; often feature in the Newsletter. Pupils like the 'wall of fame' particularly in St Petrocs. Many teachers now ask/encourage pupils to bring in physical activity pics - SUSTAINABLE. <b>Physical activity log OR Passport for pupils to record.</b></i></p> <p><i>As above - earlier implementation. <b>PE Wall of fame to include staff/parents doing physical activity.</b></i></p> <p><i>Pupils love the PE postcards, these could be printed as individual Schools if required to ensure SUSTAINABILITY. Continue with these - <b>perhaps look at having a PE SUPERSTAR of the School each WEEK from the PE stars each week.</b></i></p> <p><i>Sports Ambassadors have been identified using application forms, this can continue each year -</i></p>

<p>5. PE ambassadors/leaders within each school who have a variety of roles, but are role models for younger pupils in the school.</p>	<ul style="list-style-type: none"> <li>- Purchase t-shirts for the Sports Leaders to wear at lunchtimes.</li> <li>- Meet with PE leads to discuss its implementation &amp; provide training for pupils before engagement.</li> <li>- Create a menu of activities that pupils have access to &amp; student voice to comment/amend.</li> <li>- Purchase equipment to use at lunchtimes.</li> </ul>	<p>All staff</p>	<p>used/sent home.</p> <ul style="list-style-type: none"> <li>- Pupils are keen to be the PE Ambassador. <b>Names.</b></li> <li>- Helps to increase the importance of PE, Sport &amp; Physical Activity.</li> <li>- Improves &amp; enhances sporting values/BLP.</li> <li>- <b>Photographs of leaders</b></li> <li>- <b>Pupil feedback/comments</b></li> </ul>	<p><i>SUSTAINABLE. Student voice/council need to be involved in the process of activity menus - what would they like to see? Rotation of activities. Possible EMPLOYMENT OF Physical Activity Leads during lunchtimes who will oversee &amp; increase activity levels.</i></p> <p><i>Results in newsletters &amp; during assembly - this is becoming the 'norm' as pupils are attending many events. More photos/pictures that can be displayed.</i></p>
<p>6. Continue to celebrate in assembly any competitions or events entered to promote the importance of PE.</p>	<ul style="list-style-type: none"> <li>- Achievements to be celebrated in assemblies.</li> </ul>	<p>All staff</p>		<p><i>Staff and pupils understand the importance of each element and will continue to work towards the goals set out SUSTAINABLE. Increase in parental understanding through use of Newsletters/information on Healthy Eating/recommended exercise amounts.</i></p>
<p>7. Healthy Schools Award for each school - increase in the health and well-being of pupils as it involves the Daily Mile, Sugar smart etc.</p>	<ul style="list-style-type: none"> <li>- JD to meet with Healthy Schools advisors &amp; staff within schools</li> <li>- Each school to have a member of staff responsible for collating this information for the award</li> <li>- Register for Daily Mile/Sugar smart</li> <li>- Assembly from Healthy School Cornwall</li> <li>- Point of contact in each school</li> </ul>	<p>PE Staff MW</p>	<ul style="list-style-type: none"> <li>- Pupils being involved in the celebration of their success. <b>Photos/newsletters.</b></li> </ul>	<p><i>Staff and pupils understand the importance of each element and will continue to work towards the goals set out SUSTAINABLE. Increase in parental understanding through use of Newsletters/information on Healthy Eating/recommended exercise amounts.</i></p>
<p>8. Staff CPD on Active Lessons - given the reasons for an increased importance on Physical Activity.</p>	<ul style="list-style-type: none"> <li>- SJL to lead twilight session for all teaching staff in the Academy.</li> <li>- Equipment or resources to support this (some 1-to-1)</li> <li>- Staff to complete a task set to look at the impact of the lesson - through Active Math's.</li> </ul>	<p>MW</p>	<ul style="list-style-type: none"> <li>- <b>Obtaining the award</b> or making steps towards it for next year.</li> <li>- More informed pupils and staff relating to the importance of health and well-being</li> </ul>	<p><i>More informed staff - more active lessons: SUSTAINABLE. Increase activity ACROSS the curriculum, which is embedded.</i></p>

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Supported



Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated	Evidence and impact:	Sustainability and suggested next steps:
<p>1. Building on from the last couple of years staff will have a PA TA working with them (if needed) to support on tuesdays. Staff will feel more confident and therefore pupils will enjoy and engage in more active PE lessons.</p> <p>2. In order to ensure that pupils continue to receive high quality PE &amp; to improve progress/achievement of pupil's staff upskilling is vital &amp; will be carried out using various methods:</p> <ul style="list-style-type: none"> <li>PE staff working with support staff as well to upskill. They will also attend appropriate courses to aid their k &amp; u in some activity areas.</li> <li>New staff &amp; existing staff will have access to needs-led professional development opportunities.</li> </ul>	<ul style="list-style-type: none"> <li>Timetables demonstrating where team teaching has taken place</li> <li>PE Curriculum</li> <li>Membership with ARENA &amp; MCSN to access CPD courses.</li> <li>Cover for staff when needed.</li> <li>PE lead to meet/discuss with staff during the year to provide effective feedback.</li> <li>PE lead to contact coaches/external teachers and look into alternative provision (after PE Conference - Nov)</li> <li>PAFC, Bell Dance Academy,</li> </ul>	<p>CP/JD</p> <p>Membership costs to MCSN  <b>FIND AMOUNT</b></p>	<ul style="list-style-type: none"> <li>Improved subject knowledge &amp; understanding of staff teaching PE.  (Staff feedback/Pupil feedback from questionnaires)</li> <li>Increased confidence of staff to teach a RANGE of activities within PE, ensuring breadth within the curriculum for pupils to experience.</li> <li>Staff are positive towards the subject &amp; its value. SJL has team taught with a number of staff across the Schools (ongoing). <b>Feedback from staff.</b> Pupils will therefore ENJOY &amp; ENGAGE in PE with positive attitudes. <b>Pupil Questionnaire results.</b></li> <li>Class teachers confident in promoting a healthy lifestyle.</li> <li><b>Lesson observation records.</b></li> <li><b>Photos</b> of external coaches working with staff/pupils (FA coaches, Dance teachers, Gym</li> </ul>	<p>Team teach has been positive. Football coaches, Gym coaches, Dance Teachers, PE specialists &amp; PE lead have all worked with staff throughout the TRUST to upskill staff - SUSTAINABLE. <b>PE non-negotiables related to High Quality PE.</b></p> <p>Staff have accesses many CPD opportunities including Swimming, Dance, Gym, Touch Rugby, OAA this all ensures SUSTAINABILITY.</p> <p>Annual PE Conference.</p> <p>Team teach within schools has been positive. St Tudy/St Mabyrn/Lerryn on a weekly basis. St Petrocs/St Winnow at various points &amp; with different staff/classes throughout the year. Football coaches, Gym coaches, Dance Teachers, PE specialists &amp; PE lead have all worked with staff throughout the TRUST to upskill staff - SUSTAINABLE. <b>PE non-negotiables related to High Quality PE.</b></p>



continuity for pupils within PE which enables them to make progress and improve staff confidence when teaching PE, which will positively impact on pupil's experiences.	ensure appropriate lessons are available.			and can be modified accordingly.
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**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils**

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated	Evidence and impact:	Sustainability and <b>suggested next steps:</b>
<p>1. PE staff will continue to develop a broad &amp; inclusive curriculum to ensure that all pupils are engaged within each school.</p> <p>2. Offer a range of sports outside the curriculum to actively engage pupils. Look into ALTERNATIVE or NEW clubs for pupils.</p> <p>3. Identify those pupils who do not take part in additional Sport/PE opportunities. Engage them within interventions to increase their desire to take part in sport &amp; PE - Funfit/Wake up,</p>	<ul style="list-style-type: none"> <li>- PE curriculum to be developed &amp; distributed to all staff, displayed on noticeboards &amp; be posted onto websites.</li> <li>- Monitor clubs being run by staff &amp; where required involve external coaches.</li> <li>- Jd &amp; CP to speak to staff regarding those pupils who would benefit from some alternative/extra activity.</li> <li>- Send out Funfit letters and get up and running for the spring</li> </ul>	<p>PE staff</p> <p>MCSN cost</p> <p>CP - already attended training.</p>	<ul style="list-style-type: none"> <li>- Curriculum displayed &amp; on websites by end of September. (Pupils to develop a love of PE - Questionnaire results)</li> <li>- Participation levels at clubs. Participation rates on separate document.</li> <li>- Number &amp; range of clubs available. Clubs Lists.</li> <li>- Increased engagement!! Pupil feedback from these afternoons.</li> <li>- Register of pupils at FUNFIT/Photos.</li> <li>- Questionnaires relating to activity levels from before &amp; after.</li> </ul>	<p>Curriculum has been in place now for 3 years, this can be continued as resources are available to match the curriculum - SUSTAINABLE &amp; staff have taught the activities. Amend curriculum after discussions with pupils/questionnaire results.</p> <p>Staff are more confident when running clubs, more support staff are taking part in clubs &amp; most schools have a good range. This is SUSTAINABLE, as it's NOT reliant on 1 person or paying coaches. JD to work with local companies about afterschool clubs, using facilities. SURFING? CYCLING? BIATHLON? TRI-GOLF? which could continue to run should Sports Premium be withdrawn,</p> <p>Sports/Physical Activity section in Newsletters to inform parents about the importance of exercise - SUSTAINABLE. Pupils will hopefully look at attend a club within school following on from the Active Afternoons. Funfit/Wake up Shake up - SJL/JD produced the resources &amp; have trained staff or pupils - SUSTAINABLE. Other staff to attend Funfit training to ensure sustainability. Questionnaires of pupils views</p>



<p>Shake up OR Physical Activity breaks</p> <p>4. Ensure that pupils have appropriate resources for all activities both within &amp; outside of the curriculum.</p> <p>5. Transport to events and cover costs.</p> <p>6. Forest schools/Outdoor learning is being used to engage those pupils who do not want to take part in physical activity.</p>	<p>Term.</p> <ul style="list-style-type: none"> <li>- New/other pupils each term.</li> <li>- Involved parents once a half term? CPJD to look into.</li> <li>- Attend projectability events with them.</li> <li>- Go Noodle/Go Dance package?</li> <li>- Purchase any equipment that is required to meet the needs of the curriculum.</li> <li>- All staff to book in advance transport and any cover costs. Schools to share transports where possible.</li> <li>- OAA introduced into the timetable and being led by JD.</li> <li>- Implement timetable into curriculum for this academic year which enables pupils to access Forest School/Outdoor learning</li> </ul>	<p>£200</p> <p>£1000</p> <p>LT/AS</p>	<ul style="list-style-type: none"> <li>- Order forms</li> <li>- Attendance at projectability festivals.</li> <li>- Pupils taking part in lessons, fully engaged with maximum participation.</li> <li>- Broader range of activities within the curriculum.</li> <li>- Timetable/Photos of pupils</li> <li>- Increase engagement of pupils, range of activities. More confident pupils.</li> <li>- Timetable/Photos of pupils, JD produced new resources that can be used for OAA</li> <li>- Increase engagement of pupils outside of the curriculum through the outdoors.</li> </ul>	<p>relating to PE. Attendance at clubs, both at or outside of school. Collate &amp; publish results. Equipment is being used - SUSTAINABLE. SJL to monitor in the Summer Term.</p> <p>Equipment being used &amp; staff trained - SUSTAINABLE. Clubs/more pupils to access?</p>
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**Key indicator 5: Increased participation in competitive sport**

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated	Evidence and impact:	Sustainability and suggested next steps:
<p>1. Continue to enter ARENA/MCSN competitions with all schools.</p> <p>2. PE staff to ensure transport/cover for schools,</p>	<ul style="list-style-type: none"> <li>- Purchase membership into clusters.</li> <li>- Book transport</li> </ul>	<p>MCSN cost</p>	<ul style="list-style-type: none"> <li>- More pupils having access to competition.</li> <li>- Participation rates, photos, results in Newsletters.</li> </ul>	<p>Pupils are familiar with a range of competitions as they take part in many throughout the year.</p> <p>It is an expectation that we compete &amp; attend</p>

<p>&amp; when required schools will share transport to increase participation. Look at minibus drivers from outside of school.</p> <p>3. PE staff to run festivals each term that link with the local events, so that pupils can practice for the events as well as allowing B &amp; C teams to take part.</p> <p>4. PE staff to work with staff to encourage Level 1 competitions during curriculum time.</p> <p>5. Look into running inter-class events during a collapsed afternoon. 1 per term to start with.</p> <p>6. Support staff/teaching staff to run clubs and lead other activities.</p>	<ul style="list-style-type: none"> <li>- PE lead to organise &amp; involve external coaches when needed.</li> <li>- Meetings/discussions with PE staff</li> <li>- CP/JD to look at a Friday afternoon competition afternoon with 3/4 &amp; 1/2.</li> <li>- DB/OW for 5/6.</li> <li>- Through team teaching with CP/JD. JD/CP to discuss how to include competitions.</li> <li>- Time with CP/JD to organize across the phase.</li> <li>- Discussions with SLT about appropriate times.</li> <li>- Time with staff to discuss expectations / procedures.</li> </ul>	<p>PE staff</p> <p>Staffing</p>	<ul style="list-style-type: none"> <li>- More competitions/events entered</li> <li>- Calendar of events, results, photos</li> <li>- Result sheets from festivals.</li> <li>- Result sheets &amp; photos</li> <li>- Result sheets &amp; photos</li> <li>- Participation rates &amp; amount of clubs on offer.</li> <li>- Increased activity levels.</li> </ul>	<p>events.</p> <p>Girls only events/festivals to encourage &amp; engage them. Teaching staff to run these sessions to ensure SUSTAINABILITY.</p> <p>All pupils to experience competition at some point during their time at school, even if not at a club. Through team teaching &amp; new SOW/lesson plans this is often written in as an expectation at the end of a unit - SUSTAINABLE. Ensure photos/results sheets from lessons.</p> <p>Current staff to run these sessions to ensure SUSTAINABILITY and include Sports Leaders within this. That we move to 1 per half term - in the future having outside agencies brought in to experience 'new' activities.</p> <p>Current staff to run these sessions to ensure SUSTAINABILITY. Training for staff.</p>
<p><b>OTHER INDICATORS IDENTIFIED BY SCHOOLS:</b></p>				
<p>School focus with clarity on intended impact on pupils:</p>	<p>Actions to achieve:</p>	<p>Funding allocated</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>

<p>1- Increase the confidence of students focusing on spot skills but also social skills and self esteem.</p> <p>(Funfit delivered every Wednesday by JD)</p>	<p>- JD to speak with staff to select different students each term who would benefit from this.</p>		<p>- Pupil feedback - Photos</p>	<p>Raise self esteem of all students by consistently providing opportunities for one to one or small group sessions.</p> <p><b>Training for staff</b></p>
		<p><i>Total PROJECTED spend:</i></p>		

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