

ST MABYN PE CURRICULUM Sept '19 - July '20 v2

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<b>Class 1:</b> J.Hawkins EY/Year 1	Multi-skills through Games (Throwing/catching / rolling / dribbling - hands & feet)	Invasion Games - using a range of previously learnt skills & a range of sports <i>ARENA SOW - KS1 Games</i>	Athletic skills through running, jumping & throwing ( <i>Sports hall Athletics / Quad Kids</i> )	Dance <i>ARENA SOW - KS1 Dance</i>	Swimming (Except Reception)	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S &amp; F</i>
<b>Class 1</b> Tuesdays J.Hawkins/ C.Parkes 10:30-11:15	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Gymnastics <i>ARENA SOW - KS1 Gymnastics</i>	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net &amp; Wall</i>
<b>Class 2</b> J.Norgard Years 2, 3 & 4	Multi-skills through invasion games - (Throwing/catching / rolling / dribbling - hands & feet)	Invasion Games - Football / Hockey	HRF ( <i>PoPE SOW</i> )	Striking & Fielding - Rounders/Cricket	Swimming	Net & Wall Skills - Tennis/ Badminton
<b>Class 2:</b> Tuesdays J.Norgard/ C.Parkes 9:30-10:20	Invasion Games - Netball	Dance	Gymnastics	OAA - Team Building & Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Rounders/ Cricket
<b>Class 3</b> B.Howells Years 5 & 6	Multi-skills/Training Types ( <i>PoPE SOW</i> )	Invasion Games - Football / Hockey	HRF ( <i>PoPE SOW</i> )	Striking & Fielding - Cricket / Rounders	Swimming	Net & Wall Skills - Tennis/ Badminton
<b>Class 3:</b> Tuesdays B.Howells/ C.Parkes 11:15-12:15	Invasion Games - Netball	Dance	Gymnastics	OAA - Team Building / Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket / Rounders